NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS
The Triple Aim

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The Triple Aim

- Improve the Patient EXPERIENCE
- Achieve Better HEALTH Through Improved Outcomes
- Manage or Reduce COSTS
The Triple Aim

Improve the Patient EXPERIENCE

Achieve Better HEALTH Through Improved Outcomes

Manage or Reduce COSTS
US Health Expenditures as a Percent of GDP

The Triple Aim

- Through 2008, America’s health was poorer than the average of peer nations in these areas:
  - Infant mortality and low birth weight,
  - Injuries and homicides,
  - Adolescent pregnancy and sexually transmitted infections,
  - HIV and AIDS,
  - Drug-related deaths,
  - Obesity and diabetes,
  - Heart disease,
  - Chronic lung disease,
  - Disability

(IOM, 2013)
The Triple Aim

- Despite **American mortality** being among the lowest 3\textsuperscript{rd} of OECD nations for cancer and cerebrovascular disease, Americans are in the worst 3\textsuperscript{rd} of OECD nations for mortality related to **transportation accidents** and infant mortality.
The Triple Aim

• Yet Americans continue have the highest percentage of its citizens (89.5%) reporting “good” perceived healthcare when compared to 34 other OECD nations.
The Patient Protection & Affordable Care Act
111th Congress of the United States
H.R. 3590
Behavioral Health Treatment

- Reporting no mental health problems (at least 75%)
- Reporting mental health problems (no higher than 25%)
- Only 50-70% make their first appointment
- Between 30-50% never make their first appointment
Causes of Premature Death in the US

- **Health Behavior**: 40%
- **Genetics**: 30%
- **Socioeconomic**: 15%
- **Medical Care**: 10%
- **Environment**: 5%

Health Disparities

White or Caucasian
1. Heart Disease
2. Cancer
3. Stroke
4. Chronic lower respiratory disease
5. Unintentional injuries
6. Alzheimer’s Disease
7. Diabetes
8. Influenza and pneumonia
9. Kidney disease
10. Suicide

Native American
1. Heart Disease
2. Cancer
3. Unintentional injuries
4. Diabetes
5. Chronic liver disease
6. Chronic lower respiratory disease
7. Stroke
8. Suicide
9. Kidney Disease
10. Influenza and pneumonia

Asian American
1. Cancer
2. Heart Disease
3. Stroke
4. Unintentional injuries
5. Diabetes
6. Influenza and pneumonia
7. Chronic lower respiratory disease
8. Suicide
9. Kidney disease
10. Alzheimer’s disease

www.ihsfna.org
Health Disparities

African American
1. Heart Disease
2. Cancer
3. Stroke
4. Diabetes
5. Unintentional injuries
6. Kidney Disease
7. Chronic lower respiratory disease
8. Homicide
9. Septicemia
10. Alzheimer’s disease

Pacific Islander
1. Cancer
2. Heart disease
3. Stroke
4. Unintentional injuries
5. Diabetes
6. Influenza and pneumonia
7. Chronic lower respiratory disease
8. Suicide
9. Kidney Disease
10. Alzheimer’s disease

Latino American
1. Cancer
2. Heart disease
3. Unintentional injuries
4. Stroke
5. Diabetes
6. Chronic liver disease
7. Chronic lower respiratory disease
8. Influenza and pneumonia
9. Homicide
10. Kidney Disease

www.ihsfna.org
Are you a candidate for heart disease?

Don’t eat junk food!

Don’t smoke!

You must eat a healthy diet!

Don’t do drugs!

Don’t watch TV!

Watch out for diabetes!

You must be more active!

So much information! So many choices to be made! What does it all mean?