Nuts and Bolts of Establishing an Integrated Care Service

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Who's In Charge?
• Problems with **mental health management**
  • **Lack of familiarity** with PCPs
  • Tends to encourage **C&L or co-location**
  • Psychiatric management often leads to **collaborative care**

• **So what administrative line?**
  • A single PC service
  • Multiple services
Who Should You Hire?
Where Are You Located?
Don't be separated!
Establishing Staff Relationships
• Providers
• Medical assistants
• Clerical staff
• Looking for champions
Shadowing
Maintaining Staff Relationships
Screening
Behavioral Health – List of questions

Personal Information

Your Name: __________________________________________

Write your number: ____

Circle your color: Red Blue

Are you experiencing any of the following problems?

___ Problems with stress or your mood
___ Family problems
___ Violence in the home
___ Problems with drugs or alcohol
___ Sleep problems
___ Having problems stopping smoking tobacco
___ Lack of exercise affecting your health
___ Poor diet affecting your health
___ Finding it hard to take your medications as they were prescribed
Salud Conductual - Listado de preguntas

Información personal

Nombre: __________________________________________

Escribe su número: _____

Circle el color que aplica: Rojo Azul

¿Se habla inglés? ___Sí ___No

¿Usted está experimentando cualquiera de los siguientes problemas?

___ ¿Problemas de estrés o su estado de ánimo?
___ ¿Problemas familiares?
___ ¿Violencia en el hogar?
___ ¿Problemas con drogas o alcohol?
___ ¿Problemas para conciliar el sueño?
___ ¿Tienes problemas para dejar de fumar?
___ ¿Le gustaría hacer ejercicio pero le ha dado problemas comenzar?
___ ¿Tienes problemas en mejorar de su nutrición?
___ ¿Tienes problemas siguiendo al pie de la letra sus recetas médicas?
Time and Motion Studies
The Problem of Payment
• A 2011 survey of behavioral health/primary care integration sites indicated:
  • 78% of were funding them in part with grants
  • Only 21% of costs were covered by revenue
  • Some were covering costs internally

Colorado Health Foundation. (March 2012). The Colorado Blueprint for Promoting Integrated Care Sustainability (Denver, CO: Colorado Health Foundation.)
• **Work with insurers!**
  • Cost offset
  • Horizontal vs vertical integration
  • Quality of life
• **Encounter code T1015**
  • All-inclusive clinic visit
  • Meant for bundled payment
  • Currently, some plans specifically prohibit behavioral health
The Challenges and Rewards
NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS