Federally Qualified Health Centers (FQHC) A Primer for Psychologists

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FQHCs: Community Based Non-Profit Comprehensive Primary Care Centers

- Located in or serve a high need community (designated Medically Underserved Area or Population).

- Governed by a community board composed of a majority (51% or more) of health center patients who represent the population served.

- Provide comprehensive primary health care services as well as supportive services (education, translation and transportation, etc.) that promote access to health care.

- Provide services available to all with fees adjusted based on ability to pay.

- Meet other performance and accountability requirements regarding administrative, clinical, and financial operations.

Source: Bureau of Primary Health Care/Health Resources and Services Administration www.bphc.hrsa.gov
Health Center Program Overview (Calendar Year 2010)

19.5 Million Patients
- 38% uninsured
- 93% below 200% poverty
- 62% racial/ethnic minorities
- 1,052,000 homeless individuals

77 Million Patient Visits
- 1,124 grantees
- 8,100+ service sites

Over 131,000 Staff
- 9,592 physicians
- 6,362 NPs, PAs, & CNMs

Health Center Revenue Sources

Source: HRSA, Uniform Data System, 2010
FQHCs: More than a Safety Net

• 1400+ FQHCs in U.S. with 9800+ sites
• ~ 23,000,000 individuals served
• Over 2/3 are PCMH
• Healthcare Workforce Development
• Access point for reduced/free medications and vaccines
• Unique funding model
Health Centers Have Experienced Tremendous Growth in the Number of Patients and Visits for Medical, Dental and Mental Health Care, 2003-2013

Note: Mental health does not include substance abuse. Percent Increase is calculated using actual patient and patient visit number, not with rounded numbers presented in this chart. Source: 2003-2013 Uniform Data System, Bureau of Primary Health Care, HRSA, DHHS
# FQHC Services and Access

<table>
<thead>
<tr>
<th>Services</th>
<th># of Patients Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Services</td>
<td>16,777,152</td>
</tr>
<tr>
<td>Dental Services</td>
<td>3,750,481</td>
</tr>
<tr>
<td>Mental health services</td>
<td>852,984</td>
</tr>
<tr>
<td>Substance abuse services</td>
<td>98,760</td>
</tr>
<tr>
<td>Other prof. services</td>
<td>387,134</td>
</tr>
<tr>
<td>Enabling services</td>
<td>1,793,746</td>
</tr>
</tbody>
</table>

2010 UDS Data www.hrsa.gov
4200+ Behavioral Health Providers in FQHCs

- 360 Psychologists
- 394 Psychiatrists
- 1,265 Social Workers
- 958 Other Licensed Behavioral Health Providers
- 1,264 Other Behavioral Health Staff

2010 UDS Data www.hrsa.gov
Common Presenting Issues in FQHCs

- Hypertension
- Diabetes Mellitus
- Heart Disease
- Asthma
- Depression & Other Mood Disorders
- Mental Health/Substance Abuse
Opportunities for Psychologists in FQHCs

- Employment
- Affiliation
- Preferred referral relationship
- Clinical research
- Community health partnership
- Health education and training
Potential Roles and Responsibilities of Psychologists in FQHCs

- Access to behavioral health
- Manage patient complexity—individual and population level
- Care Coordination & Collaboration
- Evidence Based Practice
- Program Evaluation
- Quality Improvement
- Program development
- Training for medical providers, nurses, support staff
- Organizational change management
- Clinical leadership
FQHC Culture

• Mission to care for underserved
• Patient centered
• Anchored in principles of primary care
• Emphasis on eliminating health disparities
• Financially lean
• Emphasis on clinical quality improvement
• Community minded
For more information:

- Health Resources and Service Administration Health Center Program
  
  www.bphc.hrsa.gov

- National Association of Community Health Centers
  
  www.nachc.com