

## Federally Qualified Health Centers (FQHC) A Primer for Psychologists

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# FQHCs: Community Based Non-Profit Comprehensive Primary Care Centers

- Located in or serve a high need community (designated Medically Underserved Area or Population).
- **Governed by a community board** composed of a majority (51% or more) of health center patients who represent the population served.
- Provide comprehensive primary health care services as well as supportive services (education, translation and transportation, etc.) that promote access to health care.
- Provide services available to all with fees adjusted based on ability to pay.
- Meet other performance and accountability requirements regarding administrative, clinical, and financial operations.

#### Health Center Program Overview (Calendar Year 2010)

#### **19.5 Million Patients**

- 38% uninsured
- 93% below 200% poverty
- 62% racial/ethnic minorities
- 1,052,000 homeless individuals

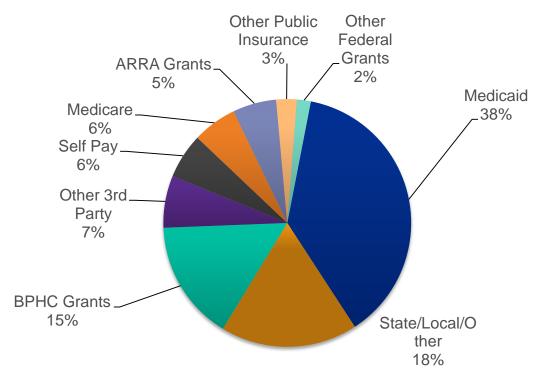
#### 77 Million Patient Visits

- 1,124 grantees
- 8,100+ service sites

#### Over 131,000 Staff

- 9,592 physicians
- 6,362 NPs, PAs, & CNMs

#### **Health Center Revenue Sources**

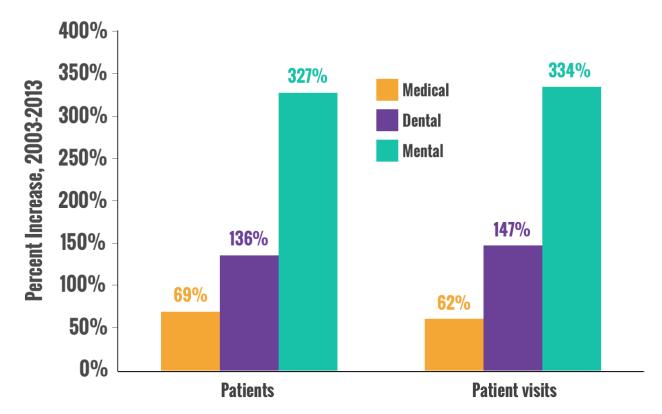


Source: HRSA, Uniform Data System, 2010

### FQHCs: More than a Safety Net

- 1400+ FQHCs in U.S. with 9800+ sites
- ~ 23,000,000 individuals served
- Over 2/3 are PCMH
- Healthcare Workforce Development
- Access point for reduced/free medications and vaccines
- Unique funding model

## Health Centers Have Experienced Tremendous Growth in the Number of Patients and Visits for Medical, Dental and Mental Health Care, 2003-2013



Note: Mental health does not include substance abuse. Percent Increase is calculated using actual patient and patient visit number, not with rounded numbers presented in this chart. Source: 2003-2013 Uniform Data System, Bureau of Primary Health Care, HRSA, DHHS

#### **FQHC Services and Access**

Services	# of Patients Served
Medical Services	16,777,152
Dental Services	3,750,481
Mental health services	852,984
Substance abuse services	98,760
Other prof. services	387,134
Enabling services	1,793,746

#### 4200+ Behavioral Health Providers in FQHCs

- 360 Psychologists
- 394 Psychiatrists
- 1,265 Social Workers
- 958 Other Licensed Behavioral Health Providers
- 1,264 Other Behavioral Health Staff

#### **Common Presenting Issues in FQHCs**

- Hypertension
- Diabetes Mellitus
- Heart Disease
- Asthma
- Depression & Other Mood Disorders
- Mental Health/Substance Abuse

#### Opportunities for Psychologists in FQHCs

- Employment
- Affiliation
- Preferred referral relationship
- Clinical research
- Community health partnership
- Health education and training

## Potential Roles and Responsibilities of Psychologists in FQHCs

- Access to behavioral health
- Manage patient complexity individual and population level
- Care Coordination & Collaboration
- Evidence Based Practice
- Program Evaluation

- Quality Improvement
- Program development
- Training for medical providers, nurses, support staff
- Organizational change management
- Clinical leadership

#### **FQHC Culture**

- Mission to care for underserved
- Patient centered
- Anchored in principles of primary care
- Emphasis on eliminating health disparities
- Financially lean
- Emphasis on clinical quality improvement
- Community minded

#### For more information:

 Health Resources and Service Administration Health Center Program

www.bphc.hrsa.gov

National Association of Community Health Centers

www.nachc.com



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OF HEALTH SERVICE PSYCHOLOGISTS