

# Future Directions in Mental Health Research: The View from Psychological Science

*A Congressional Briefing Organized by the*  
**American Psychological Association**

*In cooperation with the*  
**Congressional Mental Health Caucus**

Tuesday, October 4, 2016 • 12:00-1:30 PM  
Rayburn House Office Building • Gold Room, Room 2168  
(Lunch will be available.)

Psychological science has made key contributions to the field of mental health, including research supported by the National Institute of Mental Health (NIMH). This research has led to the development and implementation of evidence-based interventions for preventing and treating mental disorders, such as depression, anxiety, post-traumatic stress disorder, borderline personality disorder, insomnia, and eating disorders. As new leadership takes hold at NIMH, we consider future directions in mental health research from the perspective of psychological science. The speakers – all leading psychological scientists – will address such questions as: What is the future of mental health research? Where are the knowledge gaps? What are the research opportunities? How will psychological science help move us forward?

## *Speakers*

**Patricia Areán, Ph.D.**

Professor, Psychiatry & Behavioral Sciences, University of Washington

**William Hetrick, Ph.D.**

Professor and Department Chair, Psychological & Brain Sciences, Indiana University

**Mary Jane Rotheram-Borus, Ph.D.**

Professor, Psychiatry & Biobehavioral Sciences, University of California, Los Angeles

## *Moderator*

**Howard Kurtzman, Ph.D.**

Acting Executive Director for Science, American Psychological Association

## *Co-sponsors*

**American Art Therapy Association • Clinical Social Work Association • Consortium of Social Science Associations  
Council on Social Work Education • Eating Disorders Coalition for Research, Policy & Action  
Federation of Associations in Behavioral and Brain Sciences • National Association of Social Workers  
National Child Traumatic Stress Network • National Register of Health Service Psychologists  
Society for Research in Child Development • Society for Social Work and Research**

[Please click here to RSVP.](#) Questions? Contact Cynthia Malley: [cmalley@apa.org](mailto:cmalley@apa.org) or 202-336-6182.  
This is a widely attended event.