

## NATIONAL REGISTER

OF HEALTH SERVICE PSYCHOLOGISTS

## **Reverse Integration**

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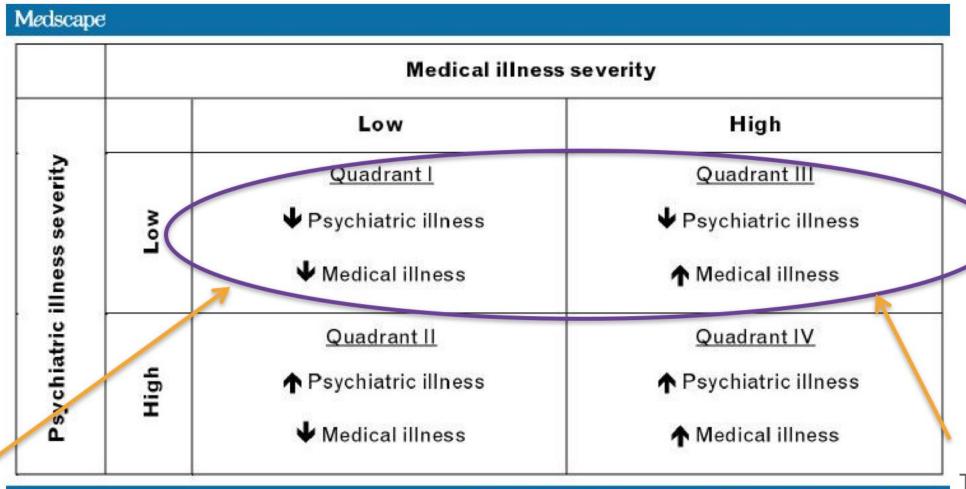
## **SAMHSA Four Quadrants**

#### Medscape

|              | Medical illness severity |                              |  |  |
|--------------|--------------------------|------------------------------|--|--|
|              | Low                      | High                         |  |  |
|              | Quadrant I               | Quadrant III                 |  |  |
| No.          | ◆ Psychiatric illness    | <b>♦</b> Psychiatric illness |  |  |
| High         | <b>◆</b> Medical illness | ↑ Medical illness            |  |  |
|              | Quadrant II              | Quadrant IV                  |  |  |
| High         | ↑ Psychiatric illness    | ↑ Psychiatric illness        |  |  |
| ?   <b>=</b> | <b>▶</b> Medical illness | ↑ Medical illness            |  |  |

Source: Curr Opin Psychiatry © 2011 Lippincott Williams & Wilkins

## **Integrated Primary Care**



Population Health

Source: Curr Opin Psychiatry © 2011 Lippincott Williams & Wilkins

Traditional Primary Care

## Why It Matters (WHO)

- People with SMI die 10-25 years earlier
- Mortality rates compared to the general population:
  - Schizophrenia: 2-2.5x greater
  - **Bipolar disorder**: .35-2x greater
  - **Depression**: 1.8x greater
- Primary cause is chronic medical conditions

#### Affordable Care Act Sec. 2703

A State ... may provide for medical assistance ... to eligible individuals with chronic conditions who select a designated provider ..., a team of health care professionals ... operating with such a provider, or a health team ... as the individual's health home for purposes of providing the individual with health home services.

## Requirements for the Health Home

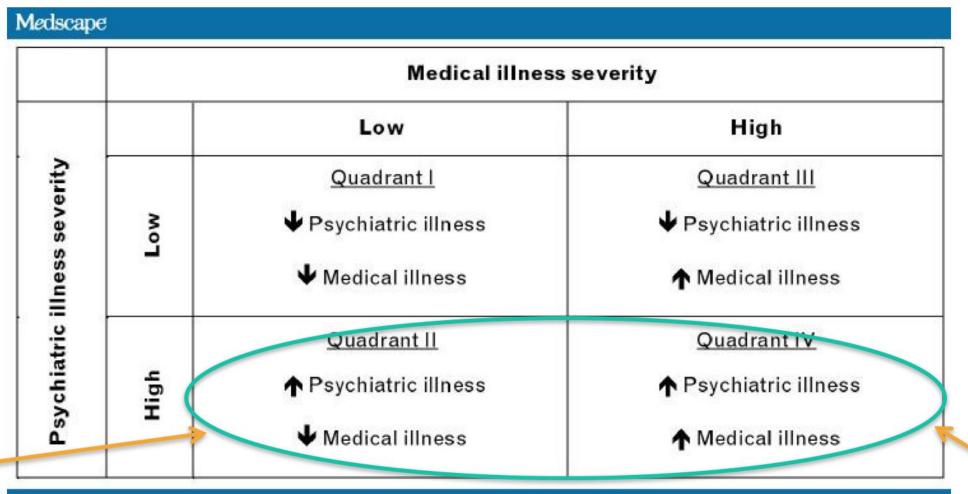
- Comprehensive care plan
- Prevention and health promotion, MH/SA, longterm care
- Care management and coordination
- Use HIT to improve services

## **BHH Care Model (SAMHSA)**

|   | AIMS CORE PRINCIPLES OF EFFECTIVE CARE |                      |             |                    |
|---|--|----------------------|-------------|--------------------|
| Chronic Care Model Features in the Behavioral Health Home | Person-<br>Centered                    | Population-<br>Based | Data-Driven | Evidence-<br>Based |
| Self-management support                                   | X                                      |                      |             |                    |
| Shared decision-making                                    | Χ                                      |                      |             |                    |
| Delivery system redesign                                  |  | Χ                    | X           |                    |
| Embedded clinical guidelines                              |  | Χ                    |             | Χ                  |
| Client registries   |  | Χ                    | Χ           |                    |

TABLE 1. CROSSWALK BETWEEN THE FOUR AIMS PRINCIPLES OF EFFECTIVE CARE AND THE CHRONIC CARE MODEL'S KEY ELEMENTS

## The Hope and the Trap



Population Health

Source: Curr Opin Psychiatry © 2011 Lippincott Williams & Wilkins

X hours per week of a PCP embedded on site does NOT a behavioral health home make!

Embedded Primary Care

# The Next Step (Protecting Access to Medicare Act)

- Certified Community Behavioral Health Clinics
  - 24-hour crisis services
  - Coordination of comprehensive mental, behavioral, SA, and medical care, including hospitalization and rehabilitation, through HIT
  - Patient and family centered planning
  - Encounter and outcomes assessment
  - Prospective payments and quality bonuses
  - Planning now underway

#### **Obstacles**

- Current focus is on non-profits
- Corporate practice of medicine laws
- Regulations
- MH practitioners hold themselves apart



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