



NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS

Reverse Integration

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SAMHSA Four Quadrants

Medscape

		Medical illness severity	
Psychiatric illness severity		Low	High
	Low	<u>Quadrant I</u> ↓ Psychiatric illness ↓ Medical illness	<u>Quadrant III</u> ↓ Psychiatric illness ↑ Medical illness
	High	<u>Quadrant II</u> ↑ Psychiatric illness ↓ Medical illness	<u>Quadrant IV</u> ↑ Psychiatric illness ↑ Medical illness

Source: Curr Opin Psychiatry © 2011 Lippincott Williams & Wilkins

"Psychiatric" includes substance abuse

Integrated Primary Care

Medscape

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		Low	High
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Population
Health

Source: Curr Opin Psychiatry © 2011 Lippincott Williams & Wilkins

Traditional
Primary Care

Addresses mild-moderate psychological disorders
What about severe disorders?

Why It Matters (WHO)

- **People with SMI** die 10-25 years earlier
- Mortality rates compared to the general population:
 - **Schizophrenia**: 2-2.5x greater
 - **Bipolar disorder**: .35-2x greater
 - **Depression**: 1.8x greater
- Primary cause is **chronic medical conditions**

Affordable Care Act Sec. 2703

A State ... may provide for medical assistance ... to eligible individuals with chronic conditions who select a designated provider ..., a team of health care professionals ... operating with such a provider, or a health team ... as the individual's health home for purposes of providing the individual with health home services.

Requirements for the Health Home

- Comprehensive care plan
- Prevention and health promotion, MH/SA, long-term care
- Care management and coordination
- Use HIT to improve services

BHH Care Model (SAMHSA)

	AIMS CORE PRINCIPLES OF EFFECTIVE CARE			
Chronic Care Model Features in the Behavioral Health Home	Person-Centered	Population-Based	Data-Driven	Evidence-Based
Self-management support	X			
Shared decision-making	X			
Delivery system redesign		X	X	
Embedded clinical guidelines		X		X
Client registries		X	X	

TABLE 1. CROSSWALK BETWEEN THE FOUR AIMS PRINCIPLES OF EFFECTIVE CARE AND THE CHRONIC CARE MODEL'S KEY ELEMENTS

The Hope and the Trap

Medscape

		Medical illness severity	
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Population Health

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Embedded Primary Care

X hours per week of a PCP embedded on site
does NOT a behavioral health home make!

The Next Step (Protecting Access to Medicare Act)

- **Certified Community Behavioral Health Clinics**
 - 24-hour crisis services
 - Coordination of comprehensive mental, behavioral, SA, and medical care, including hospitalization and rehabilitation, through HIT
 - Patient and family centered planning
 - Encounter and outcomes assessment
 - Prospective payments and quality bonuses
 - Planning now underway

Obstacles

- Current focus is on non-profits
- Corporate practice of medicine laws
- Regulations
- MH practitioners hold themselves apart



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